DECLARATION AND CONSENT TO PARTICIPATE IN SPORTS COMPETITION GROUND GAME CUP SUWAŁKI 9

DETAILS AND SIGNATURE OF THE PERSON MAKING THIS DECLARATION (Please tick the appropriate box):

☐ I am an adult competitor and make this declaration on my own behalf.

☐ I am the parent/legal guardian of a minor competitor and hereby consent to their participation in the competition and make the declarations below on their behalf.

Competitor's full name: …….. Competitor's date of birth: ……

I hereby declare my consent to participate in the sports competition GROUND GAME CUP SUWAŁKI 9, which will take place on 21 November 2026 in Suwałki, Poland.

I hereby declare that:

1. The competitor is aware of the nature of the competition and the risks associated with practicing combat sports, particularly Brazilian Jiu-Jitsu (BJJ), including the possibility of injuries, physical harm and other unforeseen accidents.

2. The competitor holds valid medical clearance permitting participation in amateur BJJ competitions and has valid accident insurance (NNW) covering participation in amateur combat sports competitions.

3. The competitor agrees to comply with the competition rules, safety regulations and all instructions given by the organizers and referees.

4. The competitor voluntarily participates in the competition at their own risk, fully aware of the risks associated with the nature of the sport.

5. The competitor agrees not to pursue claims against the organizer in respect of accidents, injuries or physical harm occurring in connection with participation in the competition, subject to the organizer's liability under applicable mandatory law.

Full name of parent/legal guardian (if the competitor is a minor):

……

Date and legible signature of the adult competitor or parent/legal guardian:

……

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1. The competitor is aware of the nature of the competition and the risks associated with practicing combat sports, particularly Brazilian Jiu-Jitsu (BJJ), including the possibility of injuries, physical harm and other unforeseen accidents.

2. The competitor holds valid medical clearance permitting participation in amateur BJJ competitions and has valid accident insurance (NNW) covering participation in amateur combat sports competitions.

3. The competitor agrees to comply with the competition rules, safety regulations and all instructions given by the organizers and referees.

4. The competitor voluntarily participates in the competition at their own risk, fully aware of the risks associated with the nature of the sport.

5. The competitor agrees not to pursue claims against the organizer in respect of accidents, injuries or physical harm occurring in connection with participation in the competition, subject to the organizer's liability under applicable mandatory law.

Full name of parent/legal guardian (if the competitor is a minor):

……

Date and legible signature of the adult competitor or parent/legal guardian:

……